

Request to review from Annals of Applied Sport Science

1 message

Ann. Appl. Sport Sci. <info@aassjournal.com>

24 March 2021 at 00:16

Reply-To: info@aassjournal.com

To: ikhwan.maulana@unm.ac.id



Dear Prof M. Ikhwan Maulana Haeruddin

With regards, I would highly appreciate it if you kindly spend some time to review the following manuscript submitted for publication to the [Annals of Applied Sport Science](#).

Reviewing Period: 15 days

If you accept to review the manuscript, you need to fill the online review form in your "Review Page" on the journal site. It has a simple process.

Please find the [Reviewers Help documents here](#) before starting the peer-review process. It contains "Principles" and instructions for "Entry into Review Page".

Manuscript Title:

EIGHT DAYS A WEEK: EUSTRESS AND DISTRESS AMONG THE ATHLETES

Manuscript Abstract:

Background. Feeling frustrated, disappointment, demotivated, and so on are more defenseless for some athletes who are stay in the dormitory and/or camp especially those who are in intensive coaching and training program. Likewise, the athletes who are attached with the coaching and training programs for long periods will be more potential dealing with stress. In line with this phenomenon, this study indicates that a great number of professional athletes, specifically who are formally registered in sports organizations in Makassar, Indonesia, are apparently disclosed on lacks of better coaching and training program achievements, decreasing on presences in coaching and training sessions, feeling distressed, dissatisfaction, exhaustion, sleeping disorder, bad temper, decreasing in motivation during coaching and training times, etc. **Objectives.** Through the literature review, this study discloses that there is a lack of body of knowledge, specifically in the context of East Region of Indonesia explaining in terms of the effect of such disorders on the professional athletes of Makassar. **Methods.** This study aims to investigate whether there is a possibility that stress exists among the professional athletes through the application of quantitative approach. **Results.** The results of this study reveal that stress affects athletes' performance and achievements. **Conclusion.** Based on the results, this study therefore suggests that the stress issue is possible to be turned over into a good pressure that may result a motivation to stimulate the athletes in completing the tasks and responsibilities efficiently and effectively during both coaching and training program as well as the championship events.

You can access it by log in to the site.

Your login information:

Username: wawan_maulana

Password: Tamalanrea02 [[Direct Login](#)]

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To accept or decline the review request, please click one of the following links:

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Best Regards

Syed Morteza Tayebi

Editor in Chief

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Confirmation email to the reviewer - Annals of Applied Sport Science

Ann. Appl. Sport Sci. <info@aassjournal.com>
Reply-To: info@aassjournal.com
To: ikhwan.maulana@unm.ac.id

25 March 2021 at 16:46

Confirmation letter**Dear Prof M. Ikhwan Maulana Haeruddin**

Your review about article entitled **EIGHT DAYS A WEEK: EUSTRESS AND DISTRESS AMONG THE ATHLETES** in [Annals of Applied Sport Science](#) web site with Review code=1866 registered.

Thanks for your time

Sincerely

Seyed Morteza Tayebi

Managing Editor

گواهی نامه داوری

احتراماً بدینوسیله تایید می شود از تاریخ 1383/10/12 تا 1400/2/2 تعداد یک مقاله را با صرف 24 ساعت وقت و با کسب 0.5 امتیاز در پایگاه اینترنتی تازه‌های علوم کاربردی ورزش داوری نموده است.

فهرست مقالات داوری شده: [تنها برای داور یا مدیر سایت قابل نمایش است]

EIGHT DAYS A WEEK: EUSTRESS AND DISTRESS AMONG THE ATHLETES - 1400/1/5 -

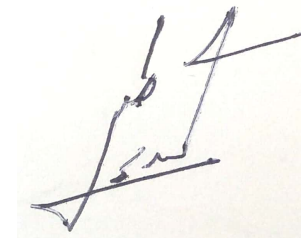
این گواهی نامه فقط به صورت الکترونیک صادر شده و همواره در نشانی زیر به صورت عمومی در دسترس قرار دارد:

<http://aassjournal.com/revcert.php?id=460493.104528661.619119799>

با تجدید احترام

سید مرتضی طیبی

سر دبیر



Review Certificate

To whom it may concern,

This letter is to certify that Prof M. Ikhwan Maulana Haeruddin has reviewed 1 article(s) in the Annals of Applied Sport Science web site from 2005/01/01 to 2021/04/22. The reviewer has spent 24 hours for reviewing article(s) and so has got score 0.5.

Reviewed article(s) list: [Visible to the reviewer or site admin]

- 2021/03/25 - EIGHT DAYS A WEEK: EUSTRESS AND DISTRESS AMONG THE ATHLETES

This certification is on-line at the following web address:.

<http://aassjournal.com/revcert.php?id=460493.104528661.619119799>

Best Regards

Seyed Morteza Tayebi

A handwritten signature in black ink that reads "tayeblsm...". The signature is written in a cursive style with a long, sweeping underline.

Editor in Chief

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