URGENCY OF SPIRITUAL THERAPY IN DEVELOPING QUALITY OF SOUL AND CHARACTER OF STUDENTS AT SMAN MAKASSAR

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ABSTRACT

This study aims to: 1) know the state of the quality of soul and character of students at SMAN Makassar, 2) the effect of the quality of soul of the character of the students at SMAN Makassar, 3) acquiring the formulation of draft models based therapies spiritual for students of SMAN of Makassar approach used in this study is a quantitative approach and supported by qualitative data. The subjects were 400 students in ten SMAN in Makassar. For FGD participants consisted of 10 participants from public teachers, religious teachers, Guidance and Counseling teachers.Data were analyzed using regression analysis using SPSS 22. The results showed that 1) Quality of Soul students consisting of 152 or (38%) are in low category, there are 206 or (51.5%) are in the medium category, and only 42 or (10.5%) at the high category. As for the character of the students shows that there are 104 or (26%) are in the low category, there are 263 or (65.75%) are in the medium category and only 33 or (8:25%) are in the category tinggi.2). There is a significant influence on the character of Quality of Soul Students with significant value 0.000, p <0.000 with a correlation value (R) of 0722 and determinants' coefficient (R Square) of 0.596 or 59.6%. 3). Composed draft model of spiritual based therapy to improve the quality of soul and character of students.

Keyword: Character, Quality of Soul and Spiritual Therapy

BACKGROUND

In recent delinquency phenomenon often happens so that is one social problem that needs serious attention by the education community. Its kind of became more complex, ranging from mild delinquency such as promiscuity, disrespectful behavior, watching pornographic movies until the offense is threatened with a law such as: fights, gambling and drug abuse. Aroma and Suminar (2012) showed that the behavior delinquency committed by teenagers is getting increased very alarming, such as drug abuse, promiscuity, skipping school, perkelahiaan, leave without permission, reading or watching things porn, speeding (robber) , alcoholism, premarital sex, stealing, abortion, gambling, and crime of murder.

Based on the results of a survey ever conducted to the ten Senior High School in Makassar show some behaviors delinquency often happens like: watching movies porn through handppone android, disrespectful towards teachers, ditching, courtship behavior exceeds the limits, LGBT, fighting, stealing, extortion, threats , and drug abuse.

In essence, students with good character will automatically avoid delinquency behavior. Alwisol (2006) explains that children who have good character will highlight the good values and right implicitly or explicitly. Character, related to the knowledge of moral (Moral Knowing), moral feelings (Moral Feeling), and moral behavior (Moral action). Good character consists of the knowledge of the good, the desire to do good, and do good, or habits of mind, heart perasaandalam habits, and habits of good behavior. The third thing is what determines the moral life (Lickona, 1992).

In the perspective of psycho-religious, character development is strongly influenced by the state of the quality of soul for every individual.

According Karzon (2010) the quality of soul is a condition of the internal potential of human beings to improve and can damage diri. Meanwhile, according to Azmi (2009) the quality of the human soul is the human capital that can be raised and lowered the dignity of human beings. Mubarok (2009) that the soul is the core of the human causes are different in quality with other creatures, namely that causes humans are able to develop ideas, to think and reflect, then with ideas and thoughts that humans take a decision. The most important factor in this case is how humans are able to control their individual character as well as responsiveness to the surrounding environment before performing an action. The quality of one's soul can be increased and may also decline, and was strongly associated with a system that involves a series of nature and human nature.

The state of the quality of student life cannot be separated from the care and guidance provided either formally or informally. Therefore, guidance should be given an intense and optimally to the individual students who are still in the transition phase (Monks, 1999).

This study aims to: 1) know the state of the quality of soul and character of students at Senior High School Makassar City? 2) the effect of the quality of soul of the character of the students at Senior High School Makassar City? 3) formulate a model of spiritual therapy for improving the quality of soul and character of students at Senior High School Makassar City?

METHOD

This research is a quantitative research that is supported by qualitative data. In quantitative research was using regression data analysis. Qualitatively in this study were obtained through Focus Group Discussion (FGD).

This research was conducted at the School Senior High School in the city of Makassar. Of the 21 schools Senior High School, 10 Senior High School selected by random sampling to be used as a location in the study. The location determination is done with quota sampling approach, namely: the sampling technique by setting a certain number as a target to be met in the sampling of the population (Sugiyono, 2008).

The subject of research for quantitative data collection are all students Senior High School where research was conducted by taking a sample by random sampling as many as 40 students in a school, so the total is 400 students. Whereas, who participated in the FGD was comprised of 10 participants whose background was a religious teacher and teacher BK.

Measuring instruments used to determine the Quality of soul and Character Students are using a scale of life quality and scale of student character who has been through expert testing and trials (try out) field. The test results Quality experts to scale the soul has a value of 0.88 validity. While the scale character has a validity value 0.9. As for the validity and reliability of each scale are: 1) the quality scale of 40 items tested, 36 items declared valid because it has a total item correlation above 0.30 where the item correlation is moving from 0313 until 0619. Furthermore, there are 4 items disqualified due under the 0:30 standard, which is item number 1, (0197), 4 (0193), 27 (0273), and 40 (-0171). Quality of soul scale reliability through Cronbach Alpha obtained Alhpa at 0.910. 2) Scale Characters of 36 items, once tested, then 31 items declared valid because it has a total item correlation above 0.30 where the item correlation is moving from 0343 until 0658. Furthermore, there are 5 items found apart because of substandard 0:30, that item number 1, (0033) 2, (0078), 6 (0078), 24 (0151) and 36 (0189). Characters scale

reliability through Cronbach Alpha obtained Alhpa amounted to 0,900. Analysis of the data in this study used a simple regression approach using SPSS 2.

RESULTS

1. Descriptive Analysis

Based on the analysis of data, descriptive data show that the hypothetical score KJ = a minimum of 36 and maximum of hypothetical mean 144 36 + 144: 2 = 90. SD hypothetical 144-36: 6 = 18. While the descriptive data hypothetic = Characteristics score a minimum of 31 and maximum = 124. Mean hypothetical 31 + 124: 2 = 77.5. SD hypothetical 124-31: 6 = 15.5. For more details shown in the table below:

Table 1 Description Data Quality Student Life and Character.

Variabel	Skor hipotetik min	max	Rerata	SD	Skor empirik Min	max	rerata	SD
Kualitas Jiwa	36	144	90	18	51.00	134.00	79.5425	17.33116
Karakter	31	124	77.5	15.5	48.00	120.00	71.9175	15.74756

The categorization of Quality of soul and Character Students can be seen in table 2 below:

Table 2. Categorization of Quality of soul and Character Students

Kualitas Jiwa					
No.	Pedoman	Skor	Kategori	Frekuensi	Persentase (%)
1.	$X \geq (\mu+1\sigma)$	$X \geq 108$	Tinggi	42	10.5
2.	$(\mu-1\sigma) \leq X < (\mu+1\sigma)$	$72 \leq X < 108$	Sedang	206	51.5
3.	$X < (\mu-1\sigma)$	$X < 72$	Rendah	152	38
Total				400	100
Karakter Siswa					
No	Pedoman	Skor	Kategori	Frekuensi	Persentase (%)
1.	$X \geq (\mu+1\sigma)$	$X \geq 95.5$	Tinggi	34	8.5
2.	$(\mu-1\sigma) \leq X < (\mu+1\sigma)$	$59.5 \leq X < 95.5$	Sedang	262	65.5
3.	$X < (\mu-1\sigma)$	$X < 59.5$	Rendah	104	26
Total				400	100

Based on the above table shows that the Quality of soul as many as 152 people (38%) are in the low category, as many as 206 people (51.5%) are in the medium category and only 42 0rang (10%) are in the high category. While the character of the students there are as many as 104 people (26%) are in the low category, as many as 262 people (65.5%) are in the medium category and only 34 (8.5%) at the high category.

2. The Effect of Quality of soul to Student Character

The hypothesis test results showed that there was the influence of Quality of soul on the character of students. For more details can be seen as in Table 3 below:

Table 3. The Effect of Quality of soul of the Students Character.

Variabel	Rerata	SD	R	R Square	F	Sig.
Kualitas Jiwa	79.5425	17.33116	0.722	0.596	588.211	0.000
Karakter	71.9175	15.74756				

The table above shows that there is a positive influence Quality of soul of the character of students with significant value 0.000, p <0.000. This means that the hypothesis is accepted. The above table also shows that the magnitude of the correlation (R) of 0722 and determinansi coefficient (R Square) of 0.596 or 59.6%. This means that the Quality of soul impact of 59.6% against the character of students.

3. FGD with teachers

After having carried out various research activities concerning the behavior and state delinquency quality of soul and the character of students, researchers conducted Focus Group Discussion (FGD). This event was held on August 13, 2016. Based on the results of the FGD obtained two important input for the development of models of spiritually based therapy as improving the quality of soul and character of students, namely:

1) The spiritual therapy is very important for all students either problematic or not problematic. The goal is expected that students who experience problems can awaken spiritual consciousness values in him. While the problem can not be maintained on the behaviors delinquency.
2) The spiritual therapy should include three main aspects of education, namely: psychology, counseling and religion.

3) Consider and pay attention to the results of research and FGD as described above, then drafted the draft Model therapies spiritual four- module components, namely: 1) Introduction 2) Model and targeted therapy Spiritual 3) The stages of therapy Spiritual 4) Evaluation and assessment Spiritual. The therapy as a model of spiritual therapy developed:
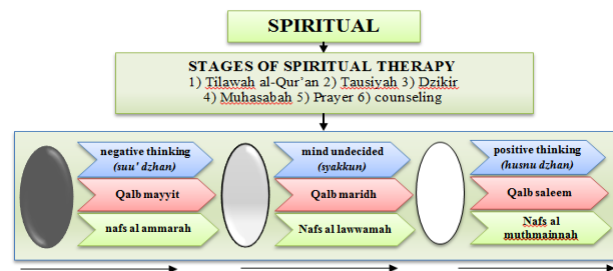

Figure 1: Model of spiritual therapy

DISCUSSION

Based on the above results showing that as many as 152 people Life Quality (38%) are in the low category, as many as 206 people (51.5%) are in the medium category and only 42 0rang (10%) are in the high category. While the character of the students there are as many as 104 people (26%) are in the low category, as many as 262 people (65.5%) are in the medium category and only 34 (8.5%) at the high category. Influence of Quality of soul of the Character Students in this study showed positive effects with significance 0.000, p <0.000. This means that the hypothesis is accepted. The above table also shows that the magnitude of the

correlation (R) of 0722 and determination coefficient (R Square) of 0.596 or 59.6%.

This means that the Quality of soul resistant effect of 59.6% against the character of students towards negative behavior as a trigger of juvenile delinquency. The results also showed concern on the Quality of soul and character of students in Makassar. So the results of this study are consistent with Hanum, et al (2012) which explains that the character of adult children is quite alarming that ought to be developed develop an effective coaching model character. According to Lindawati (2013) mentions that the character of the nation today is weakened because it is influenced by a factor of changing times and in line with development science and technology. According coaching character and morals increasingly important in educational institutions.

Spiritual therapy as one of the models that will be developed is deemed relevant for developing the quality of soul and character of students. Because somehow fostered Spiritual Therapy will touch various targets in its development, such as qolb, soul, and cognition students.

The Spiritual therapy can build human religious.Sedangkan religious man who has the quality of good life. Good quality of soul can give birth to good character anyway. This is consistent with the view Narwanti (2011) that the character is a reflection of the soul of each person. A.A Brill and Henry Link (Ancok & Suroso, 2011) revealed that people who are truly religious will never suffer from a mental disorder. People who are religious are the people who strong personality. Besides that, The spiritual therapy combines three competency in the application; competence spiritual, psychological, and counseling.

The Spiritual therapy as part of a conscious Islamic psychology will form the perfect qualities and gain happiness in this world and the hereafter (Abidin, 2012). Mardiyono et al. (2011) in his Spirituality Intervention and Outcomes, explained that the intervention of spirituality that consists of prayer, reading the Qur'an, remembering Allah, fasting, zakat, methods prophet, and Islam the modified method showed that the intervention of spirituality have a positive influence on development of the human person.

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