

## **PHYSICAL EDUCATION IN THE PANDEMIC: THE EFFECTIVENESS OF LINEAR LEARNING, PHYSICAL EDUCATION, SPORTS AND HEALTH**

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### **Abstract**

This study aims to determine the effectiveness of online learning during the Covid\_19 pandemic in sports and daily life education in students of SMK Negeri 1 Makassar. This type of research is a quantitative descriptive explanatory survey (Explanatory Survey). The data collection technique used was a questionnaire via google form which was given to students and interviews. The subjects of this study were students of class X and IX of SMK Negeri 1 Makassar. Data were analyzed using descriptive statistics. Based on the results of research conducted by filling out a questionnaire using the google form application, in general the implementation of online learning for class X and IX of SMK Negeri 1 Makassar during the Covid-19 pandemic was quite effective in the moderate category with a value of 36.67%.

**Keywords:** Covid-19 Pandemi, Effectiveness, Online Learning and Physical Education

### **Introduction**

During the current pandemic, the international health organization or the World Health Organization (WHO) announced the status of the Covid-19 virus as a pandemic, requiring the whole world to immediately make efforts to stop and overcome the effects it caused. The method the government has chosen as an effort to suppress the spread of the virus in Indonesia is physical distancing. Restrictions cause many changes in various aspects of social, economic, and cultural life, including in the world of education. The Indonesian government in the Ministry of Education and Indonesian culture issued a Minister of Education and Culture Circular No. (Sari & Sutapa, 2020) (Minister of Education and Culture, 2020) (Gani et al., 2020).

Online, online, or distance learning aims to meet educational standards by utilizing information technology using computer devices or gadgets that are connected to students and teachers as well as students and lecturers. (Pakpahan&