LAMPIRAN 12

**DATA HASIL ANALISIS PERSENTASE OBSERVASI PELAKSANAAN**

**TEKNIK *SELF MANAGEMENT***

**Analisis Data Observasi Individu dalam Persen (%)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Responden** | **Tahap Pelaksanaan Kegiatan** | | | |
| **Tahap 1** | **Tahap 2** | **Tahap 3** | **Tahap 4** |
| 1. | 50% | 60% | 90% | 90% |
| 2. | 50% | 50% | 70% | 70% |
| 3. | 40% | 60% | 70% | 80% |
| 4. | 50% | 40% | 70% | 70% |
| 5. | 50% | 60% | 50% | 70% |
| 6. | 30% | 40% | 60% | 70% |
| 7. | 40% | 60% | 90% | 90% |
| 8. | 50% | 70% | 70% | 90% |
| 9. | 60% | 60% | 70% | 80% |
| 10. | 30% | 70% | 90% | 90% |

**Gambaran Tingkat Persentase Siswa Saat Mengikuti Teknik *Self Management***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Persentase** | **Kriteria** | **Tahap pelaksanaan kegiatan** | | | |
| **Tahap I** | **Tahap II** | **Tahap III** | **Tahap IV** |
| 80 – 100% | Sangat tinggi | 0 | 0 | 3 | 6 |
| 60 – 79% | Tinggi | 1 | 7 | 6 | 4 |
| 40 – 59% | Sedang | 7 | 3 | 1 | 0 |
| 20 – 39% | Rendah | 2 | 0 | 0 | 0 |
| 0 - 19% | Sangat rendah | 0 | 0 | 0 | 0 |
| **Jumlah** | | **10** | **10** | **10** | **10** |

**Analisis Data Observasi Kelompok dalam Persen (%)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Aspek yang di Observasi** | **Tahap pelaksanaan kegiatan** | | | |
| **Tahap 1** | **Tahap 2** | **Tahap 3** | **Tahap 4** |
| **PARTISIPASI** |  |  |  |  |
| 1. Konseli memperkenalkan diri. | 80% | 100% | 100% | 100% |
| 1. Konseli berpartisipasi aktif selama kegiatan berlangsung. | 60% | 40% | 80% | 80% |
| 1. Bertanya jika ada yang tidak dimengerti. | 50% | 50% | 80% | 80% |
| 1. Menjawab pertanyaan | 20% | 40% | 60% | 70% |
| **PERHATIAN** |  |  |  |  |
| 1. Mendengarkan dengan seksama apa yang dijelaskan oleh peneliti | 40% | 60% | 70% | 80% |
| 1. bersungguh-sungguh mengikuti kegiatan. | 20% | 60% | 60% | 70% |
| 1. Bahasa tubuh tertuju pada pusat pembicaraan. | 30% | 40% | 80% | 100% |
| **INISIATIF** |  |  |  |  |
| 1. Mengajukan usul | 60% | 60% | 80% | 80% |
| 1. Memberikan alternatif pemecahan masalah (solusi) | 40% | 50% | 50% | 60% |
| 1. Memberikan ide baru | 50% | 70% | 70% | 80% |

**Analisis Per-Aspek**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Aspek yang Diobservasi** | **Persentase** | | | |
| **Pertemuan I** | **Pertemuan II** | **Pertemuan III** | **Pertemuan IV** |
| Partisipasi | 52% | 57% | 80% | 82% |
| Perhatian | 30% | 53% | 70% | 83% |
| Inisiatif | 50% | 60% | 67% | 73% |

**Gambaran Tingkat Persentase Siswa Saat Pelaksanaan Teknik *Self Management* Berdasarkan Hasil Analisis Per Aspek**

**Pertemuan I**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Persentase** | **Kriteria** | **Aspek yang di Observasi** | | |
| **Partisipasi** | **Perhatian** | **Inisiatif** |
| 80 % - 100 % | Sangat tinggi |  |  |  |
| 60 % - 79 % | Tinggi |  |  |  |
| 40 % - 59 % | Sedang | √ |  | √ |
| 20 % - 39 % | Rendah |  | √ |  |
| 0 % - 19 % | Sangat rendah |  |  |  |

**Pertemuan II**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Persentase** | **Kriteria** | **Aspek yang di Observasi** | | |
| **Partisipasi** | **Perhatian** | **Inisiatif** |
| 80 % - 100 % | Sangat tinggi |  |  |  |
| 60 % - 79 % | Tinggi |  |  | √ |
| 40 % - 59 % | Sedang | **√** | √ |  |
| 20 % - 39 % | Rendah |  |  |  |
| 0 % - 19 % | Sangat rendah |  |  |  |

**Pertemuan III**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Persentase** | **Kriteria** | **Aspek yang di Observasi** | | |
| **Partisipasi** | **Perhatian** | **Inisiatif** |
| 80 % - 100 % | Sangat tinggi | √ |  |  |
| 60 % - 79 % | Tinggi |  | √ | √ |
| 40 % - 59 % | Sedang |  |  |  |
| 20 % - 39 % | Rendah |  |  |  |
| 0 % - 19 % | Sangat rendah |  |  |  |

**Pertemuan IV**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Persentase** | **Kriteria** | **Aspek yang di Observasi** | | |
| **Partisipasi** | **Perhatian** | **Inisiatif** |
| 80 % - 100 % | Sangat tinggi | √ | √ |  |
| 60 % - 79 % | Tinggi |  |  | √ |
| 40 % - 59 % | Sedang |  |  |  |
| 20 % - 39 % | Rendah |  |  |  |
| 0 % - 19 % | Sangat rendah |  |  |  |