**Lampiran 16**

**DOKUMENTASI PENELITIAN**

****

Gambar pelaksanaan *Pre-test*



Gambar pelaksanaan pemberian informasi



Gambar pelaksanaan latihan mengaktifkan pengalaman

Gambar pelaksanaan latihan mengenali pemikiran dan keyakinan irasional



Gambar pelaksanaan latihan mengenali konsekuensi pemikiran dan keyakinan irasional

Gambar pelaksanaan latihan menghapus keyakinan irasional



Gambar pelaksanaan latihan mengenali pengaruh negatif



Gambar pelaksanaanlatihan mengenali perasaan baru



Gambar pelaksanaan latihan terintegrasi



Gambar pelaksanaan *Post-test*

**Lampiran 17**

**DATA HASIL ANALISIS OBSERVASI SETELAH PELAKSANAAN**

**TEKNIK KONSELING KELOMPOK PENDEKATAN**

***RATIONAL EMOTIVE BEHAVIOR THERAPY***

* 1. Analisis Data Observasi Individu dalam Persen (%)

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Responden** | **PERTEMUAN** | | | | | | | | | |
| **I** | **II** | **III** | **IV** | **V** | **VI** | **VII** | **VIII** | **IX** | **X** |
| 1 | 42,87% | 50% | 50% | 50% | 64,29% | 64,29% | 71,43% | 78,57% | 78,57% | 85,71% |
| 2 | 28,57% | 28,57% | 35,71% | 50% | 50% | 50% | 50% | 57,14% | 57,14% | 64,29% |
| 3 | 28,57% | 28,57% | 35,71% | 35,71% | 42,87% | 42,87% | 50% | 50% | 50% | 71,43% |
| 4 | 14,29% | 14,29% | 21,43% | 35,71% | 57,14% | 57,14% | 64,29% | 64,29% | 64,29% | 64,29% |
| 5 | 21,43% | 42,87% | 50% | 50% | 50% | 50% | 57,14% | 57,14% | 64,29% | 71,43% |
| 6 | 28,57% | 42,87% | 42,87% | 42,87% | 42,87% | 42,87% | 42,87% | 42,87% | 71,43% | 71,43% |
| 7 | 0% | 0% | 7,14% | 28,57% | 35,71% | 35,71% | 42,87% | 50% | 57,14% | 57,14% |
| 8 | 28,57% | 35,71% | 42,87% | 42,87% | 42,87% | 42,87% | 42,87% | 50% | 50% | 64,29% |
| 9 | 21,43% | 21,43% | 21,43% | 28,57% | 35,71% | 35,71% | 35,71% | 35,71% | 42,87% | 57,14% |
| 10 | 21,43% | 28,57% | 35,71% | 42,87% | 42,87% | 42,87% | 57,14% | 57,14% | 71,43% | 78,57% |
| 11 | 14,29% | 42,87% | 42,87% | 50% | 50% | 50% | 64,29% | 71,43% | 71,43% | 78,57% |
| 12 | 21,43% | 35,71% | 42,87% | 50% | 50% | 50% | 50% | 50% | 64,29% | 71,43% |
| 13 | 21,43% | 28,57% | 28,57% | 28,57% | 50% | 50% | 57,14% | 78,57% | 78,57% | 78,57% |
| 14 | 28,57% | 35,71% | 35,71% | 35,71% | 35,71% | 35,71% | 50% | 57,14% | 71,43% | 71,43% |
| 15 | 7,14% | 35,71% | 35,71% | 42,87% | 57,14% | 57,14% | 64,29% | 71,43% | 71,43% | 71,43% |

* 1. Analisis Data Observasi Peraspek dalam Persen **(**%)

**Lampiran 18**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Responden** | **Pertemuan** | | | | | | | | | |
| **I** | **II** | **III** | **IV** | **V** | **VI** | **VII** | **VIII** | **IX** | **X** |
| 21,90% | 31,90% | 35,24% | 41,43% | 47,14% | 50,59% | 53,33% | 58,57% | 64,76% | 70% |

**Data hasil persentasi observasi pelaksanaan teknik Konseling** **Kelompok Pendekatan *Rational Emotive Behavior Therapy***

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Persentase** | **Kriteria** | **Pertemuan** | | | | | | | | | |
| **I** | **II** | **III** | **IV** | **V** | **VI** | **VII** | **VIII** | **IX** | **X** |
| 80% - 100% | Sangat Tinggi | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 60% - 79% | Tinggi | 0 | 0 | 0 | 0 | 1 | 1 | 4 | 5 | 10 | 13 |
| 40% - 59% | Sedang | 1 | 4 | 6 | 9 | 11 | 11 | 10 | 9 | 5 | 2 |
| 20% - 39% | Rendah | 10 | 9 | 8 | 6 | 3 | 3 | 1 | 1 | 0 | 0 |
| 0% - 19% | Sangat Rendah | 4 | 2 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Jumlah | | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 |

Sumber: Hasil Observasi