**Lampiran 15**

**PEDOMAN OBSERVASI PENERAPAN TEKNIK KONSELING *COGNITIVE BEHAVIORAL* UNTUK MENGURANGI GANGGUAN KECEMASAN SOSIAL PADA SISWA**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Aspek yang di observasi** | **Namasiswa** | | | | | | | | | | | | | | | | | | | | **Jumlah** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16** | **17** | **18** | **19** |  | | |
| **1** | Kehadiran |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **2** | Mengikuti peraturan pelaksanaan kegiatan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **3** | Mendengarkandenganseksama yang dijelaskan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **4** | Mengajukanpertanyaanjikaada yang tidakdimengerti |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **5** | Mengerjakandengansungguh-sungguhtugas yang diberikan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **6** | Memahamidenganbenarmasalah yang dialami |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **7** | Beranimajukedepankelas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **8** | Beranimenceritakanmasalah yang dihadapi |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **9** | Menyesuaikandiridengankonselordanteman-temannya |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **10** | Aktif selama kegiatan berlangsung |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **11** | Antusias mengikuti setiap kegiatan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| **Jumlah** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |