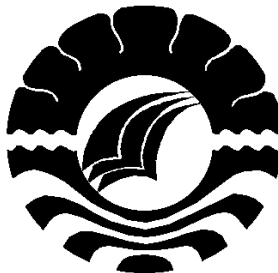


JURNAL

**PENGARUH KEKUATAN OTOT PERUT DAYA LEDAK TUNGKAI DAN
KESEIMBANGAN TERHADAP KECEPATAN LARI 100 METER
SISWA SMP NEGERI 1 POLOMBANGKENG UTARA
KABUPATEN TAKALAR**

***THE INFLUENCE OF ABDOMINAL MUSCLE STRENGTH LEGS
EXPLOSIVE POWER AND BALANCE ON 100 METERS RUNNING
SPEED OF STUDENTS AT SMPN 1 POLOMBANGKENG UTARA
IN TAKALAR DISTRICT***

MASSUAMING



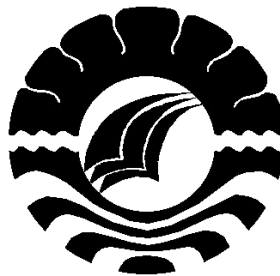
**PROGRAM PASCASARJANA
UNIVERSITAS NEGERI MAKASSAR
2018**

JURNAL

**PENGARUH DAYA LEDAK LENGAN, DAYA LEDAK TUNGKAI DAN
KOORDINASI MATA TANGAN TERHADAP KEMAMPUAN PASSING
BAWAH DALAM PERMAINAN BOLA VOLI SISWA SMA NEGERI 1
TAKALAR KABUPATEN TAKALAR**

***THE INFLUENCE OF ARMS EXPLOSIVE POWER, LEGS EXPLOSIVE
POWER AND EYES-HAND COORDINATION ON LOWER PASSING SKILL
OF STUDENTS IN VOLLEYBALL AT SMAN 1 IN TAKALAR DISTRICT***

SYAHRIR



**PROGRAM PASCASARJANA
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2018**

